### Soup of the day

Home-made Soup ......£8.50 See specials. Served with chunky bread

## Light bites & Nibbles

GF Chilli Nachos	£12.95
Chilli con carne, jalapenos,	melted cheese,
sour cream & guacamole	
er Vassia Chilli Nashas	C10.05

- - Crispy Chicken Wings .....£12.95 with sirracha mayo and salad garnish
- ⊚ Garlic Mushrooms .....£8.50 on toasted bread with salad
- © Olives ......£7.50 with balsamic glaze & rustic bread
- ⊚ GF Salad Bowl.....£4.95 with salad dressing
- © Large Onion Rings .....£5.95
- ⊚ GF Chips/Cheesy Chips ......£5.95/£6.95

# LUNCH MENU

FIND A TABLE NOTE THE NUMBER ORDER AT THE BAR

#### Mains

creamed mashed potatoes, tender stem broccoli, on Veggie sausage OR Vegan sausage also available	
Pie Of The Dayour homemade pie is a thing of beauty! A proper pastry pie, not just a stew with a hat on! With vegetables, gravy and chips OR mash	£20.95
Fish & Chipsbattered haddock, garden OR mushy peas	£19.95
Chicken Caesar Saladwith crispy bacon, baby gem,anchovies, croutons, caesar dressing and parmesan	£17.95
© Goats cheese saladwith roast butternut, beetroot, balsamic. Vegan option(no cheese -£2)	£15.95

Cartmel Valley Cumberland Sausage .....£18.50

GF Gluten Free Some of our dishes can also be made GF Please request when ordering

#### Badger Bar Burgers

Classic Beef Burger	£19.50
gherkins, cheese, burger relish, onion ring & chips	
Make it a double!	
extra burger £5, extra cheese £2	
Cajun Chicken & Bacon Burger	£19.50
with cheese, garlic mayo, onion ring & chips The beef and chicken burgers can be made with GF bre	ead
© Halloumi Burger	£17.95
stacked with pineapple, tomato, gem, sweet chilli &	
mayo. Plus onion ring and chips	
Falafel Burger	£17.95
with chips, onion ring (Add cheese £2)	

### WHY IS IT CALLED THE BADGER BAR?

A colony of badgers live in the grounds Every evening at dusk we feed them Come and watch, its quite a sight!

#### Kids

	Chicken Nuggets£8.95 with chips & beans
	Sausage & Chips£8.95 with gravy & peas. Vegan sausage available
	Fishfingers, chips, garden peas . £8.95
	Pasta & Meatballs£10.95 tomato sauce
AN	Pasta in Tomato Sauce£7.95

#### Kids Desserts

Vanilla Ice Cream	£4.95
3 scoops, with chocolate sauce	
Lakes Ice Cream Pot	£3.95
Various delicious flavours	

#### DON'T GO -WE HAVE LOVELY B&B ROOMS TOO!



## Sandwiches & Wraps

man with the second of the sec	and crisps
Cumbrian Ham Sandwichwith lettuce & tomato, onion chutney	£9.95
Cumberland Sausage Sandwichwith homemade onion marmalade	£9.95
Posh Fishfinger Sandwichhomemade fish goujons, tartar sauce & lettuce	£11.50
Cajun Chicken Wrapwith mixed leaves & mayo	£9.95
⊚ Halloumi Wrap mixed leaf salad, sweet chilli sauce	£9.95
™ Roasted Vegetable Wrap peppers, onion, olives & hummus	£8.95
© Cheddar Cheese & Tomato Sandwich Red onion chutney	£9.50
Bacon, Brie, cheese & Cranberry	£9.95
Pulled Pork Sandwich	£10.95

GF. Most of out sandwiches can be made with GF bread. Please ask.

BBQ sauce

#### Desserts

Served with salad

gf Sticky Toffee Puddingwith vanilla ice cream & toffee sauce	£8.95
Cheesecake of the Day	£8.95
gf Chocolate Brownie with vanilla ice cream	£8.95
Jam Roly Polywith custard	£7.95
Pear & Apricot tartwith custard or ice cream	£9.95

#### SPECIAL OFFERS

Sign up to our newsletter on our website 1/2 price offers and exclusive deals

Watch the badgers feeding here every evening or watch live on our webcam

www.theglenrothay.co.uk

Double, single, twin & family rooms

Four posters - very romantic

Dog friendly rooms

